Welcome to 1 Choose Me

Print this page. Cut on the dotted lines and hang the cards where you will find inspiration: inside the medicine cabinet, on the pantry door, on a mirror, anywhere. You can even share some with a friend or two and encourage them to join us on our journey to create the life we imagined, one choice at a time.



Creating the life I imagined, one choice at a time.



Creating the life I imagined, one choice at a time.